



### Our Mission

Mt. Meru Tumaini Health Clinic is dedicated to providing quality health care, community development, and educational programs for the people of the Mt. Meru region of Tanzania.

### **“Assessing the Road Ahead” by Denise Mbise**

In January of 2018, Exaudh and I had the opportunity to go to Tanzania for a week to assess the work of the Ndooombo Community Dispensary. First I need to thank the Our Savior's Foundation for their generous grant to make this trip possible.

We were able to accomplish so much in our time there. We met with the staff of the clinic and discussed what was working well and what wasn't working and how we could improve capacity and get the new expanded medical services up and running. With the new building open now we can begin the expanded services of maternity care—pre-natal, delivery and post-natal care, immunization program in cooperation with the Tanzanian Ministry of Health, and health education—specifically around maternity care, diabetes, hyper-tension and HIV/AIDS. The staff is excited to launch these new initiatives and build the dispensary to capacity.

Rosifina, who has been taking care of the grounds and cleaning the buildings, has been increased to full-time now that she is taking care of double the property and two buildings. With the medical staff we discussed future staffing needs with two buildings and expanded services.



Left: Rosifina stocks shelves in the original building.

Below: Exaudh and Rosifina discuss what it will take to manage the combined property and buildings.



We also determined policies for payments in line with the other hospitals in the area. When a patient comes for the first time

they pay a minimal fee to open a medical card. Thereafter they pay fees according to medication and service needs. All patients under the age of 60 are served free of charge.

We also had the opportunity to meet with the Dispensary Board of Directors in Tanzania. Dr. Valerie McKinnis was able to join us for a couple of days and be at that board meeting. The board identified the following goals for the dispensary:



Ndooombo Community Dispensary Board of Directors in Tanzania: Back row: Rev.Silas Mbise, Dr. Polite Mbise, Exaudh Mbise, Romini Mbise Front row: Anaeli Ndelelia (business/entrepreneur), and Theopholas Jacob Selenya (high school teacher)

- ◆ hiring of additional staff including Neema as a full-time nurse/midwife and the addition of a full-time Medical Officer, which is also a requirement of the dispensary license from the Tanzanian Ministry of Health;
- ◆ Expansion of point-of-service lab with a full blood picture machine.
- ◆ Publicity and community outreach to build the dispensary capacity and serve as many people as we are able. This

## “Assessing the Road Ahead” Con’td.

project will be spearheaded by Dr. Polite Mbise and Theopholas Selenya as they work through schools, churches and other community organizations.

Dr. Valerie and I also had the opportunity to meet with MTC Pharmacy and plan for the availability of supplies and equipment that will be needed at the dispensary. We found out we can purchase a full blood picture machine from the pharmacy for \$1500.00. We will also need to look at a part-time lab technician as this also is a requirement of the Ministry of Health for providing lab services.

Romini and Neema are beginning to register expecting mothers for delivery. They are also now trained for the immunization program that the Ministry of Health coordinates. They will be starting education classes in June. They have successfully begun using the new electronic patient record that was set up during the 2017 mission trip. This allows the dispensary to accommodate all the new electronic filing requirements by the Ministry of Health.



Current nurse/midwife Romini Mbise with volunteer nurse Neema Kaaya.

We would like to hire Neema to help staff our new building.

The Ndoombo Community Dispensary is on it's way to serving more people with a wider variety of services. This would not have been possible without your support. Thank you to all our donors for your support and we look forward to our continued partnership together.



Reception area above and education room below.



Water tower to the left. New building and campus to the right.



## Pictures from the January 2018 Assessment trip



The roof on the original building was painted.



Left: Polite, Polite's wife Irene and Dr. Valerie McKinnis

Right: Exaudh fixing faucets.



Dr. Polite hard at work.

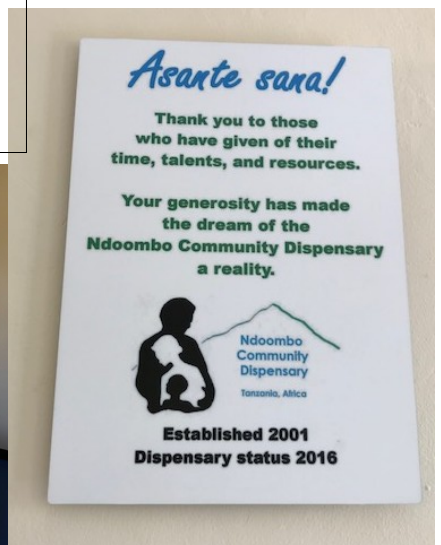


New furniture: benches and desks



Left: immunization fridge.

Below: maternity bed



## “Dinner with Rev. Silas Mbise—June 16”

Join us on Saturday, June 16 at 6pm

At Living Faith Lutheran Church, 2915 Wright Ave., Racine, WI 53405

In Fellowship Hall

For a dinner of Meru and American Cuisine

Our Tanzania Boutique

African wine and beer available with a suggested donation

Tickets: \$15.00/adults \$7.00/age 10 and under

Tickets Available at Living Faith—262-637-5671

After dinner Rev. Silas Mbise and Exaudh Mbise will be talking about the work of the Ndoombo Community Dispensary.

This fundraiser dinner will raise funds to support the staffing of the dispensary with an additional full-time nurse and full-time Medical officer (doctor)

As well as equipment for the point-of-service lab.

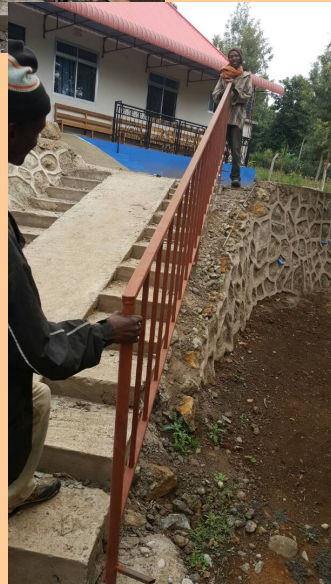
A new website for Mt. Meru Tumaini Health Clinic has been launched following months of research and development. Volunteers Chuck Glover, Judy Amundsen and Exaudh Mbise deserve a BIG ‘*Asante Sana*’ (Thank you very much) for making this website a reality! We hope you will freely navigate the site and enjoy the many new program summaries and image galleries. Our team has learned a great deal about the new website tools, and are excited to actively maintain the site with important news of our dispensary. Your input is welcome, so we encourage you to browse around and check out our new site at [www.mmthc.org](http://www.mmthc.org). Site visitors can provide comments through the ‘Contact Us’ page. We look forward to hearing from you!



Rev. Silas Mbise, (here with Denise) who serves on the Dispensary Board in Tanzania will be at the dinner to tell us about the expanding work of the Dispensary.



A hand rail was placed on the stairway leading up to the new building at the Ndoombo Community Dispensary.



### Do you use Amazon?

Go to <https://smile.amazon.com/>

Amazon will automatically give .5% of eligible purchases to our organization upon your designation of Mount Meru Tumaini Health Clinic.



### Get your MMTHC t-shirt or sweatshirt!

Contact:

denisemhmbise@gmail.com



**\$15.00** plus shipping  
for t-shirts.

**\$25.00** plus shipping  
for sweatshirts.

### Wish List Items—We accept donations of the following items:

- Bulk Bottles of Ibuprofen, Tylenol & Benadryl in tablet form; adult and children's oral suspension (not expired)
- Triple-antibiotic, Anti-fungal, Arthritic, Hydrocortisone & Benadryl creams/ointments (not expired)
- Suture material with cutting needles, 4/0, 5/0
- Flashlights, headlamps and related batteries (new)
- Reading glasses (cheaters +1.0 to +2.5), Sunglasses
- Pencils, scissors, erasers, protractors, compasses, metric rulers, colored pencils (supports local school)

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## Contact Us:

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Mount Meru Tumaini Health Clinic  
3500 Washington Avenue  
Racine, WI 53405

Phone: 262-930-8267  
Email: thc@att.net

Donations can also be made via the web at  
[www.mmthc.org](http://www.mmthc.org) using PayPal/credit card or  
by mailing to the above address.

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## Board of Directors:

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Rev. Denise Mbise, President  
Diane Thompson, Vice-President  
Elaine Lucht, Secretary  
Jodie Larson, Co-Treasurer  
Christopher Thompson, EdD, Co-Treasurer  
Exaudh Mbise, Liaison to Tanzania Board  
Barb Elmer, RN  
Jill Wanggaard, RN, MSP, FNP  
Judy Amundsen, SLP, MS-CCC  
Valerie McKinnis, MD  
Aliliywa Mbise

Mailing Address Line 1

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